



**COVID-19 Risk Assessment- Melksham Town FC
Return to competitive training/matches**

COVID-19 Officer- Nicola Perrin

**Review Date: Reviewed regularly in particular when guidance
is updated from the Government and/or The FA.**



When using this document, please be mindful of the following guidance from the Government (latest update 17th July 2020)

<https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-phased-return-of-sport-and-recreation/guidance-for-providers-of-outdoor-facilities-on-the-phased-return-of-sport-and-recreation>

There has also been a further update from the FA regarding the resumption of grassroots football on 18th July 2020:

<http://www.thefa.com/news/2020/jul/17/grassroots-guidance-for-competitive-football-restart-in-england-170720>

A summary of key points to consider from our guidelines are listed for ease below:

- Everyone should self-assess for COVID-19 symptoms before every training session or match. If you are symptomatic or living in a household with possible or actual COVID-19 infection you must not participate or attend;
- Clubs and facility providers should ensure that their facility is compliant with current Government legislation and guidance related to COVID-19;
- Competitive training is now permitted, with groups limited to a maximum of 30 people, including coaches;
- Competitive match play is permitted, with social distancing in place before and after the match, and in any breaks in play;
- Participants and officials should sanitise hands before and after a game as well as scheduled breaks throughout a game or training session;
- Ball handling should be kept to a minimum with most contact via a boot and the ball disinfected in breaks of play;
- Goal celebrations should be avoided;
- Equipment should not be shared, and goalkeepers should ensure they disinfect their gloves regularly in breaks in training or matches and thoroughly afterwards. Where possible, coaches should only handle equipment in training;
- Where possible, participants, coaches and officials should arrive changed and shower at home. Use of changing and shower facilities must follow government advice on the use of indoor facilities;
- Participants should follow best practice for travel including minimising use of public transport and walking or cycling if possible. People from a household or support bubble can travel together in a vehicle.
- Clubs should keep a record of attendees at a match or training session, including contact details, to support NHS Test and Trace;
- Clubs should ensure they are affiliated with their County Football Association.



RISK ASSESSMENT MATRIX

Risk ratings:

Red (serious issues and risk/interventions needed immediately)

Amber (some issues/being managed/needs monitoring)

Green (on track)



What are the hazards?	Who might be harmed?	RAG Rating before control measure imposed.	Existing control measures to all for football related activity to take place	Planned, additional control measures if required	Who is responsible for enacting these measures?	When will they be completed by?	RAG Rating after control measures imposed.
Consent to participate in football related activity	All participants		All participants to complete Player Registration Form at outset of season.	All participants are briefed before each activity confirming what it entails, reminders of processes and procedures. All participants to complete COVID Declaration Form. All participants must use the COVID Self-Screen document and ensure all check negative before giving consent to take part in activity. Managers are to complete and keep a register of attendees of every training session/match which may need to be submitted to the Club.	Chairman/COVID Officer/Managers	Player Registration Form, COVID Declaration Form and then before each activity.	
Data Privacy Policy/Notices updated to cover data handling of attendees to aid NHS Test and Trace	All participants		Ensure Club adheres to its Data Privacy Policy etc regarding handling of data. Ensure Club keeps written record of attendees for all football related activities, in particular in order that it is available for use if required for submission to NHS Test and Trace.	Ensure Club adheres to its Data Privacy Policy etc regarding handling of data. Ensure Club keeps written record of attendees for all football related activities, in particular in order that it is available for use if required for submission to NHS Test and Trace.	Chairman/COVID Officer/Managers	Ongoing	



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Close contact with others causes virus to spread throughout families	All Participants could contract COVID-19		<p>Teams can train with up to groups of 30 (coaches included).</p> <p>Each Participant must complete the Club's Self-Screen Checklist to ensure they are permitted to attend.</p> <p>Each session/match will begin and end with 20 seconds handwashing using alcohol based handwash. This should also take place during breaks.</p> <p>Social distancing of 2m (or 1m+) at all times before and after training sessions/matches and during breaks.</p>	<p>The manager will brief participants prior to any training session/match to reiterate the importance of adhering to social distancing before, after and during breaks. The manager will remind participants throughout the session/match.</p> <p>Keep up to date with Government and FA Guidance.</p>	Manager	Manager during all football related activity sessions (e.g. training, matches)	



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Close contact with others causes virus to spread throughout families	All Participants could contract COVID-19		<p>During warm-ups and cool down Participants should adhere to social distancing as above.</p> <p>Management and Substitutes should adhere to social distancing as above.</p> <p>There should be regular breaks during training/Sessions/Matches to reduce the risk of transmission.</p> <p>Participants are not to engage with pre or post-match handshake.</p> <p>Limit amount of time spent in training on in-game scenarios to avoid close proximity and physical contact.</p>		Manager	Manager during all football related activity sessions (e.g. training, matches)	



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<p>Close contact with others causes virus to spread throughout families</p>	<p>All Participants could contract COVID-19</p>		<p>Participants are not to spit or chew gum and will be reminded regularly.</p> <p>Participants are to endeavour to not raise their voices or shout in order to limit risk of transmission of droplets.</p> <p>Participants are not to celebrate goals etc in close proximity to others.</p> <p>Participants are to bring their own named water bottles and hand sanitiser. These should be placed where marked out by coach and remain 2m apart from another individual's items.</p> <p>Participants are to arrive at training sessions/matches in clean training/match day clothes.</p> <p>Spectators (Committee and ground staff) are to adhere to social distancing rules.</p>		<p>Manager</p>	<p>Manager during all football related activity sessions (e.g. training, matches)</p>	



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Transmission of COVID-19 from touching equipment	All participants could contract COVID-19		<p>Equipment used during the session will be minimal to avoid transmission.</p> <p>Any cones or other equipment used will be set out and collected in by the coach removing the need for participants to touch equipment with their hands.</p> <p>All equipment used will be wiped down with disinfectant before and after the training session/match and in breaks (when required) – this includes goalposts and corner flags poles in matches.</p> <p>Club to provide every team with cleaning sanitiser and hand sanitiser.</p> <p>Participants should avoid where practical, picking up the ball. Non-participants should refrain from picking up the ball.</p>	<p>Manager will remind all participants of the need to avoid unnecessary touching/picking up the ball.</p> <p>Keep up to date with Government and FA Guidance</p>	Manager	During all Football Related Activity Sessions (e.g. training, matches)	



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Transmission of COVID-19 from touching equipment	All participants could contract COVID-19		<p>If goalkeeping practice or matches are undertaken, the goalkeeper must wear goalkeeper gloves when handling the ball and these should be sanitised before and after sessions/matches, and during breaks.</p> <p>Payments should be made cashless (e.g. payment to referee).</p>		Manager	During all Football Related Activity Sessions (e.g. training, matches)	
Suspected case of COVID-19 during Training/Matches	All participants could contract COVID-19		<p>If anyone becomes unwell with a new, continuous cough or a high temperature, or loss of taste or smell they must be sent home and advised to follow the COVID-19: guidance for households with possible coronavirus infection guidance.</p> <p>PPE should be worn by any adult caring for the player while they await collection if a distance of 2 metres cannot be maintained such as an injury.</p>	Keep up to date with Government and FA Guidance	Manager	During all Football Related Activity Sessions (e.g. training, matches)	



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Transmission of COVID-19 from touching equipment	All participants could contract COVID-19		<p>In an emergency call 999 if they are seriously ill or injured or their life is at risk. Do not visit the GP, pharmacy, urgent care centre or a hospital.</p> <p>If a player develops symptoms compatible with coronavirus, they should be sent home and advised to self-isolate for 7 days. Their fellow household members should self-isolate for 14 days.</p> <p>Where a player or manager tests negative, they can return to training and the fellow household members can end their self-isolation.</p> <p>Where a player or coach tests positive and social distancing has not been adhered to so that there has been contact (within 2metres for 15mins or more), the rest of the team will be advised to self-isolate for 14 days. The other household members of the participants do not need to self-isolate unless they develop symptoms.</p>		Manager	During all Football Related Activity Sessions (e.g. training, matches)	



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Transmitting or coming into contact with COVID-19 from travel	All participants could contract COVID-19		<p>Participants should not use public transport to travel to and from training.</p> <p>Participants must not share lifts unless from the same household. If this is not possible then participants can share the same transport but with the same participants each time. Keep windows open for ventilation. Face away from each other. Clean the car between journeys. Ask all participants to wear a face mask.</p> <p>Participants must comprehensively handwash before and after training.</p>	Keep up to date with Government and FA Guidance.	Manager	During all Football Related Activity Sessions (e.g. training, matches)	



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<p>Poor Communication means that participants do not follow the guidance</p>	<p>All participants not being aware of the guidance leading to risk of transmission of COVID-19</p>		<p>The Club will provide all documents including this risk assessment to all managers for them to share with any participants.</p> <p>Each participant is required to sign and submit the Club's COVID Declaration Form prior to each training session/match confirmation in writing (by text, email etc) to the Manager they still adhere to it and can answer “Check Negative” to all the questions on the Self-Screen Checklist.</p> <p>Every participant will sign up to the Player Code of Behaviour document.</p>	<p>Keep up to date with Government and FA Guidance.</p>	<p>Manager and participants</p>	<p>During all Football Related Activity Sessions (e.g. training, matches)</p>	



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Transmitting or coming into contact with COVID-19 when administering first aid	All Participants		<p>Club to provide all Teams with additional PPE.</p> <p>First aid is to be administered by the Participant in first instance with supervision by first aider remaining 2m (1m+) unless situation is life-threatening or limb-threatening.</p>	Managers will make dynamic risk assessments if there are any injuries weighing up the risk of harm if untreated with the risk of transmitting COVID-19.	Manager and participants	During all Football Related Activity Sessions (e.g. training, matches)	
Emergency Evacuation Procedures	All Participants		Manager will make dynamic risk assessments when attending a venue to ascertain best evacuation protocol etc when using a public area.		Manager	During all Football Related Activity Sessions (e.g. training, matches)	
Site Boundaries e.g. Public Access, Roads, Location of Facilities, Drop-off points and access to pitches and training areas	All participants (additional risk in particular to youth players or players with impairment)		Manager to make a dynamic risk assess but also find out the venue's process and procedures in respect of entering, exiting, if there is a one-way system etc.	Keep up to date with Government and FA Guidance together with Venue's Risk Assessments and Procedures.	Manager	During all Football Related Activity Sessions (e.g. training, matches)	



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Access to toilets/changing areas e.g. supervision, handwashing and/or rub washing facilities	All participants		<p>The starting 11 players and manager only allowed to use one changing room and the substitutes to use another changing room.</p> <p>Participants can use shower facilities but must stagger use and shower quickly.</p> <p>Manager to find out from host venue if there is any access to toilets, changing rooms etc and any procedures that need to be followed to use them.</p>	Keep up to date with Government and FA Guidance together with Venue's Risk Assessments and Procedures.	Manager and participants	During all Football Related Activity Sessions (e.g. training, matches)	



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Close contact with others causes virus to spread throughout families	Spectators		<p>Entry only by purchasing ticket before the game. No walk up's allowed.</p> <p>Track and trace details to be collected when purchasing tickets.</p> <p>One way system for entry and exit to the ground and SkyBar.</p> <p>Hand sanitizer will be provided at entrance to the ground and toilets.</p> <p>Posters will be displayed around the ground reminding spectators of the social distancing guidelines.</p> <p>There will be regular reminders for spectators of the guidelines/access to risk assessment on website, Twitter and Facebook.</p>	Additional security in place to help ensure measures are followed.	Directors, Committee and participants	During all Football Related Activity Sessions (e.g. training, matches)	



Version History

Version Number	Date of Version	Drafted/Amended by (Name and Club Role)	Checked by Club Director/Committee Member
1	29/7/2020	Nicola Perrin (Committee member and COVID-19 Officer)	Andy King (Managing Director)